## **OCTOBER 2024**

6:00 One News

Key

★ Special Event

Event requires RSVP



+ Additional feature days



6.09.24 18:19		Advise your Activities Coordinator				RYMAN HEALTHCARE	
Monday Rāhina	<b>T</b> Tuesday Rātū	<b>W</b> Wednesday Rāapa	<b>T</b> Thursday Rāpare	F Friday Rāmere	S Saturday Rāhoroi	S Sunday Rātapu	
	1	2	3	4	5	6 International	
	10:00 News & Views	<b>10:00</b> News & Views	<b>10:00</b> News & Views	<b>10:00</b> News & Views	<b>10:00</b> News & Views	Grandparent's Day	
	11:00 Functional Exercise	11:00 Functional Exercise	11:00 Functional Exercise	11:00 Functional Exercise	11:00 Functional Exercise	10:00 News & Views	
	2:00 Sensational Senses - Pink	2:00 Devotion & Inspiration -	2:00 Mind Benders - Old	2:00 Make & Create - Picture	2:00 Sensational Senses -	11:00 Functional Exercise	
	power nails	Peaceful Piano	Expressions	Frames	Garden Walks	2:00 Picture Frame Presentation	
	3:00 Kylie and Olivia go pink	2:30 Pet Therapy	3:00 Happy Hour	3:00 Monthly Birthday Celebration	3:00 Ryman Golden Karaoke	3:00 Balloon Tennis	
	<b>4:00</b> Functional Exercise <b>6:00</b> One News	<ul><li>3:00 Stories of Grandparents</li><li>4:00 Functional Exercise</li></ul>	<b>4:00</b> Functional Exercise <b>6:00</b> One News	4:00 Functional Exercise	<b>4:00</b> Functional Exercise <b>6:00</b> Movie - The Railway	4:00 Functional Exercise	
	0.00 One News	6:00 Il Divo	0.00 One News	<b>6:00</b> Sing along	Children	<b>6:00</b> One News	
	8	9	10	11	12	13	
0:00 News & Views	<b>10:00</b> News & Views	<b>10:00</b> News & Views	<b>10:00</b> News & Views	<b>10:00</b> News & Views	<b>10:00</b> News & Views	<b>10:00</b> News & Views	
L:00 Functional Exercise	11:00 Functional Exercise	11:00 Functional Exercise	11:00 Functional Exercise	11:00 Functional Exercise	11:00 Functional Exercise	11:00 Functional Exercise	
:30 Out & About - Tunnels Tour	2:00 Sensational Senses - Sundaes on Tuesday	2:00 Devotion & Inspiration - Praise Songs	2:00 Mind Benders - Word Builder	2:00 Make & Create - Scrapbooking	2:00 Sensational Senses - Indoor Walks / Outdoor	2:00 Making Memories - Individual Catch Up	
:00 Adult Colouring	3:00 Musical Moments - The	2:30 Pet Therapy	3:00 Happy Hour	3:00 Men's Club - Painting	Walks	3:00 Active Games - Bowling	
<b>:00</b> Words of Wisdom Stories	Young Ones	<b>3:00</b> Reminiscing Ball - Friends	<b>4:00</b> Functional Exercise	Wooden Horses	3:00 Sing with Pat	<b>4:00</b> Functional Exercise	
:00 Functional Exercise	4:00 Functional Exercise	<b>4:00</b> Functional Exercise	<b>6:00</b> One News	<b>4:00</b> Functional Exercise	4:00 Functional Exercise	<b>6:00</b> One News	
00 Social Singing	<b>6:00</b> One News	<b>6:00</b> Classical Andre		<b>6:00</b> Sing along	<b>6:00</b> Movie - Grumpy Old Men		
4	15	16	17	18	19	20	
0:00 News & Views	10:00 News & Views	<b>10:00</b> News & Views	<b>10:00</b> News & Views	<b>10:00</b> News & Views	<b>10:00</b> News & Views	<b>10:00</b> News & Views	
L:00 Functional Exercise	11:00 Functional Exercise	11:00 Functional Exercise	11:00 Functional Exercise	11:00 Functional Exercise	11:00 Functional Exercise	11:00 Functional Exercise	
30 Out & About - Bays Tour 00 Adult Colouring	2:00 Sensational Senses - Indoor Walks / Outdoor	<ul><li>2:00 Devotion with Heather</li><li>2:30 Pet Therapy</li></ul>	2:00 Mind Benders - Dance Quiz	2:00 Make & Create - Paper Ballerinas	2:00 Sensational Hand Pampering	2:00 Making Memories - Picture Book Storytellin	
:00 Memory Lane -	Walks	3:00 Armchair Travel to	3:00 Happy Hour	3:00 Mind Benders - Spring	3:00 British Superstars Sing	3:00 Active Games - Cornhol	
Shakespeare's Plays Quiz	<b>3:00</b> Crooners Karaoke	Stratford	4:00 Functional Exercise	Poems	Along	<b>4:00</b> Functional Exercise	
:00 Functional Exercise	4:00 Functional Exercise	4:00 Functional Exercise	6:00 One News	<b>4:00</b> Functional Exercise	<b>4:00</b> Functional Exercise	<b>6:00</b> One News	
:00 Social Singing	<b>6:00</b> One News	<b>6:00</b> Hot Rods Guitar Group		<b>6:00</b> Sing along	<b>6:00</b> Movie - The Greatest Showman		
1	22	23	24	25	26	27	
0:00 News & Views	<b>10:00</b> News & Views	<b>10:00</b> News & Views	<b>10:00</b> News & Views	<b>10:00</b> News & Views	<b>10:00</b> News & Views	<b>10:00</b> News & Views	
:00 Functional Exercise	11:00 Functional Exercise	11:00 Functional Exercise	11:00 Functional Exercise	11:00 Functional Exercise	11:00 Functional Exercise	11:00 Functional Exercise	
30 Out & About - Wellington Theatre Tour	2:00 Sensational Senses - Indoor Walks / Outdoor	2:00 Devotion & Inspiration - Poetry	2:00 Mind Benders - Complete Shakespeare's Phrase	2:00 Halloween Craft 3:00 Men's Club - Men's Craft	<b>2:00</b> Sensational Senses - Springtime Smoothies	2:00 Making Memories - Individual Hand Massa	
<b>00</b> Adult Colouring	Walks	2:30 Pet Therapy	3:00 Happy Hour	3:00 Midsummer Night's	<b>3:00</b> Sixties Sing Along	3:00 Active Games - Seated	
<b>00</b> Memories of the Theatre	3:00 Musical Moments - Folk	<b>3:00</b> Favourite Entertainments	<b>4:00</b> Functional Exercise	Dream Story	<b>4:00</b> Functional Exercise	Basketball	
:00 Functional Exercise	Song Sing Along 4:00 Functional Exercise	4:00 Functional Exercise	6:00 One News	<b>4:00</b> Functional Exercise	<b>6:00</b> Movie - Mr. Margorium's	4:00 Functional Exercise	
:00 Social Singing	6:00 One News	<b>6:00</b> Vivaldi's Four Seasons		<b>6:00</b> Sing along	Emporium	<b>6:00</b> One News	
8 Labour Day	29	30	31 Halloween				
D:00 News & Views	10:00 News & Views	<b>10:00</b> News & Views	<b>10:00</b> News & Views				
1:00 Functional Exercise	11:00 Functional Exercise	11:00 Functional Exercise	11:00 Functional Exercise				
30 Armchair Wellington Tour	2:00 Sensational Senses -	2:00 Inspiration with Heather	2:00 Mind Benders - Hollywood				
:00 Adult Colouring	Flowers and Herbs	2:30 Pet Therapy	Movie Quiz				
<b>00</b> Work Life Discussions	<b>3:00</b> Musical Moments - Flower Power Tambourine Tunes	<b>3:00</b> Reminiscing Ball - Seasons	3:00 Happy Hour				
00 Functional Exercise	4:00 Functional Exercise	4:00 Functional Exercise	4:00 Functional Exercise				
:00 Social Singing	6:00 One News	<b>6:00</b> Folk Music Classics	<b>6:00</b> One News				