



JULY 2024

ACTIVITIES PROGRAMME

Independent Residents

Charles Upham Village

Week One

Monday 01 July

09:00 am	Triple A Circuit	Recreation Room
09:45 am	Triple A Circuit	Recreation Room
10:30 am	Triple A Functional	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Indoor Bowls	Recreation Room
01:30 pm	Knitting Group	Village Lounge
02:00 pm	Craft Group	Village Lounge

Tuesday 02 July

09:30 am	Out & About - Quake City, Drive and lunch 🏠	Reception
10:00 am	Rummikub	Village Lounge
10:30 am	Church Service - Catholic Mass	Reflection Room
10:30 am	Singing Group - Southern Community Music Therapy 🏠	Village Lounge
10:30 am	Yoga	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Cards & Table Games	Village Lounge
01:30 pm	Body Balance - Steady As You Go 1:30 & 2:30	Recreation Room
05:30 pm	Food Truck - Fish n Chips	Reception Carpark

Wednesday 03 July



09:00 am	Shopping Trip - Rangiora 🏠	Reception
10:00 am	Bridge	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Walking Group - Strollers - Bullers Stream 🏠	Reception
01:30 pm	Cards & Table Games	Village Centre
01:30 pm	Table Tennis	Recreation Room
01:30 pm	Mahjong	Craft Room
05:00 pm	Village Host	Village Bar

Thursday 04 July

09:00 am	Triple A Circuit	Recreation Room
09:45 am	Triple A Circuit	Recreation Room
10:00 am	Rummikub	Village Lounge
10:30 am	Triple A Functional	Recreation Room
11:00 am	Church Service - Interdenominational	Reflection Room
11:30 am	Online Art Class	Virtual Events

01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Residents Committee - Annual General Meeting	Recreation Room
01:30 pm	Knitting Group	Village Lounge
01:30 pm	Bible Studies	Reflection Room
01:30 pm	Qigong	Recreation Room
02:00 pm	Nail Pampering	Village Lounge
04:00 pm	Happy Hour	Village Lounge
05:00 pm	Village Host	Village Bar

Friday 05 July

09:15 am	Shopping Trip - New World 	Reception
09:30 am	Walking Group - Active Walking - McLeans Island 	Reception
09:30 am	Table Tennis	Recreation Room
11:00 am	Mens Club - Meeting	Craft Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Indoor Bowls	Recreation Room
01:30 pm	Cards & Table Games	Village Lounge
02:00 pm	Movie - Farewell, My Lovely	Movie Theatre
02:15 pm	Tech Support	Activities Desk

Saturday 06 July

09:30 am	Table Tennis	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Cards & Table Games	Village Lounge
01:30 pm	Mahjong	Craft Room
04:00 pm	Village Host	Village Bar
04:30 pm	Karaoke	Village Lounge

Sunday 07 July

02:00 pm	Movie - Call Of The Wild	Movie Theatre
04:00 pm	Village Host	Village Bar

Week Two

Monday 08 July

09:00 am	Triple A Circuit	Recreation Room
09:45 am	Triple A Circuit	Recreation Room
10:30 am	Triple A Functional	Recreation Room
10:30 am	Aqua Aerobics	Pool

01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Indoor Bowls	Recreation Room
01:30 pm	Knitting Group	Village Lounge
01:30 pm	Gardening Group	Movie Theatre
02:00 pm	Craft Group	Village Lounge

Tuesday 09 July

09:15 am	Out & About - Men's - Stewarts Classic Cars 🚗	Reception
10:00 am	Rummikub	Village Lounge
10:00 am	Village Manager Cuppa & Chat	Village Lounge
10:30 am	Yoga	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Cards & Table Games	Village Lounge
01:30 pm	Body Balance - Steady As You Go 1:30 & 2:30	Recreation Room
03:30 pm	Paint & Sip 🎨	Village Lounge



Wednesday 10 July

09:00 am	Shopping Trip - Northlands 🛒	Reception
10:00 am	Bridge	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Walking Group - Strollers 🚶	Reception
01:30 pm	Cards & Table Games	Village Centre
01:30 pm	Table Tennis	Recreation Room
01:30 pm	Mahjong	Craft Room
03:00 pm	Entertainer - Russell	Village Lounge
05:00 pm	Village Host	Village Bar


Thursday 11 July

09:00 am	Triple A Circuit	Recreation Room
09:45 am	Triple A Circuit	Recreation Room
10:00 am	Rummikub	Village Lounge
10:30 am	Triple A Functional	Recreation Room
11:00 am	Church Service	Reflection Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Knitting Group	Village Lounge
01:30 pm	Bible Studies	Reflection Room
03:00 pm	Entertainer - John Clarke	Village Lounge
04:00 pm	Happy Hour	Village Lounge
05:00 pm	Village Host	Village Bar

Friday 12 July

09:00 am	Walking Group - Active Walking 	Reception
09:15 am	Shopping Trip - New World 	Reception
09:30 am	Table Tennis	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Indoor Bowls	Recreation Room
01:30 pm	Cards & Table Games	Village Lounge
02:00 pm	Movie - Chocolat	Movie Theatre
02:15 pm	Tech Support	Activities Desk
04:00 pm	Village Host	Village Bar
05:00 pm	Quiz	Village Lounge

Saturday 13 July

09:30 am	Table Tennis	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Cards & Table Games	Village Lounge
01:30 pm	Mahjong	Craft Room
04:00 pm	Village Host	Village Bar
05:00 pm	Dinner Club - Lemon Grass 	Reception

Sunday 14 July


02:00 pm	Movie - Call OfThe Wild II	Movie Theatre
04:00 pm	Village Host	Village Bar

Week Three

Monday 15 July

09:00 am	Triple A Circuit	Recreation Room
09:45 am	Triple A Circuit	Recreation Room
10:30 am	Triple A Functional	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Indoor Bowls	Recreation Room
01:30 pm	Knitting Group	Village Lounge
02:00 pm	Craft Group	Village Lounge

Tuesday 16 July

09:30 am	Out & About - Rolleston Shops and Lunch 	Reception
10:00 am	Rummikub	Village Lounge
10:30 am	Yoga	Recreation Room

01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Flower Arranging - Flowers For Life Demonstration 🏠	Village Lounge
01:30 pm	Cards & Table Games	Village Lounge
01:30 pm	Body Balance - Steady As You Go 1:30 & 2:30	Recreation Room
05:00 pm	Two For One Domino's Pizza Night	Village Lounge

Wednesday 17 July

09:00 am	Shopping Trip - Rangiora 🏠	Reception
10:00 am	Bridge	Recreation Room
10:30 am	Guest Speaker - Community Engagement	Village Lounge
11:30 am	Tai Chi	Virtual Events
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	⊗ CANCELLED Walking Group - Strollers	Reception
01:30 pm	Walking Group - Strollers - Oxford 🏠	Reception
01:30 pm	Cards & Table Games	Village Centre
01:30 pm	Table Tennis	Recreation Room
01:30 pm	Mahjong	Craft Room
03:00 pm	Entertainer - David Petrie	Village Lounge
05:00 pm	Village Host	Village Bar

Thursday 18 July

09:00 am	Triple A Circuit	Recreation Room
09:45 am	Triple A Circuit	Recreation Room
10:00 am	Rummikub	Village Lounge
10:30 am	Triple A Functional	Recreation Room
11:00 am	Church Service - Interdenominational	Reflection Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Knitting Group	Village Lounge
01:30 pm	Bible Studies	Reflection Room
02:00 pm	Nail Pampering	Village Lounge
04:00 pm	Happy Hour	Village Lounge
05:00 pm	Village Host	Village Bar

Friday 19 July

09:15 am	Shopping Trip - New World 🏠	Reception
09:30 am	Walking Group - Active Walking - Motorway Finale 🏠	Reception
09:30 am	Table Tennis	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Indoor Bowls - Charity Tournament	Recreation Room

01:30 pm	Cards & Table Games	Village Lounge
02:00 pm	Movie - Seabiscuit	Movie Theatre
02:15 pm	Tech Support	Activities Desk
04:00 pm	Village Host	Village Bar
05:30 pm	Bingo	Village Lounge

Saturday 20 July

09:30 am	Table Tennis	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Cards & Table Games	Village Lounge
04:00 pm	Village Host	Village Bar
05:30 pm	Food Tasting - Home Made KFC	Village Lounge

Sunday 21 July


02:00 pm	Movie - Call OfThe Wild-Buck	Movie Theatre
04:00 pm	Village Host	Village Bar

Week Four

Monday 22 July

09:00 am	Triple A Circuit	Recreation Room
09:45 am	Triple A Circuit	Recreation Room
10:30 am	Triple A Functional	Recreation Room
10:30 am	Aqua Aerobics	Pool
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Indoor Bowls	Recreation Room
01:30 pm	Knitting Group	Village Lounge
02:00 pm	Craft Group	Village Lounge
03:00 pm	Entertainer - Otis Prescott-Mason & Sonny	Village Lounge

Tuesday 23 July

09:30 am	Out & About - Mystery Outing 	Reception
10:00 am	Rummikub	Village Lounge
10:30 am	Yoga	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Cards & Table Games	Village Lounge
01:30 pm	Body Balance - Steady As You Go 1:30 & 2:30	Recreation Room

Wednesday 24 July

KEY:  - Featured Event. \$ - Paid events.  - Need RSVP.

See the village copy of this months' Featured Events to find out more about the activities.

09:00 am	Shopping Trip - Northlands 🏠	Reception
10:00 am	Bridge	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Cards & Table Games	Village Centre
01:30 pm	Table Tennis	Recreation Room
01:30 pm	Walking Group - Strollers 🏠	Reception
01:30 pm	Mahjong	Craft Room
02:00 pm	Resident Speaker - Gay Edwards 🏠	Village Lounge
03:00 pm	Entertainer - 3 Duets	Village Lounge
05:00 pm	Village Host	Village Bar
05:30 pm	Card Bingo 🏠	Village Lounge

Thursday 25 July

09:00 am	Triple A Circuit	Recreation Room
09:45 am	Triple A Circuit	Recreation Room
10:00 am	Rummikub	Village Lounge
10:30 am	Triple A Functional	Recreation Room
11:00 am	Te Reo for Beginners	Virtual Events
11:00 am	Church Service	Reflection Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Independent Residents Meeting	Recreation Room
01:30 pm	Knitting Group	Village Lounge
01:30 pm	Bible Studies	Reflection Room
01:30 pm	Qigong	Recreation Room
03:00 pm	Entertainer - Wendy	Village Lounge
04:00 pm	Happy Hour	Village Lounge
05:00 pm	Village Host	Village Bar

Friday 26 July

09:00 am	Walking Group - Active Walking 🏠	Reception
09:15 am	Shopping Trip - New World 🏠	Reception
09:30 am	Table Tennis	Recreation Room
10:30 am	Olympic Themed Triple A Class	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Indoor Bowls	Recreation Room
01:30 pm	Cards & Table Games	Village Lounge
02:00 pm	Movie - The Big Short	Movie Theatre
02:15 pm	Tech Support	Activities Desk
03:00 pm	Entertainer - Harmonix	Village Lounge

04:00 pm	Village Host	Village Bar
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Saturday 27 July

09:30 am	Table Tennis	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Cards & Table Games	Village Lounge
01:30 pm	Mahjong	Craft Room
04:00 pm	Village Host	Village Bar
04:30 pm	Olympic Opening Ceremony	Village Lounge

Sunday 28 July

02:00 pm	Movie - News OfThe World	Movie Theatre
04:00 pm	Village Host	Village Bar

Week Five

Monday 29 July

09:00 am	Triple A Circuit	Recreation Room
09:45 am	Triple A Circuit	Recreation Room
10:30 am	Triple A Functional	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Indoor Bowls	Recreation Room
01:30 pm	Knitting Group	Village Lounge
02:00 pm	Craft Group	Village Lounge

Tuesday 30 July

09:15 am	Out & About - Operatunity - 3 Tenors Tribute	Reception
10:00 am	Rummikub	Village Lounge
10:30 am	Yoga	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Cards & Table Games	Village Lounge
01:30 pm	Body Balance - Steady As You Go 1:30 & 2:30	Recreation Room
02:30 pm	Walking Netball - Olympic Competition 🏏	Recreation Room

Wednesday 31 July

09:00 am	Shopping Trip - Hornby 🏠	Reception
10:00 am	Bridge	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Walking Group - Strollers - From the Village	Reception

KEY: - Featured Event. \$ - Paid events. 🏠 - Need RSVP.

See the village copy of this months' Featured Events to find out more about the activities.

01:30 pm	Cards & Table Games	Village Centre
01:30 pm	Table Tennis	Recreation Room
01:30 pm	Mahjong	Craft Room
03:00 pm	Entertainer - Laurie Searle	Village Lounge
05:00 pm	Village Host	Village Bar
06:00 pm	⊗ CANCELLED Fine Dining	Village Lounge
06:00 pm	Fine Dining 🚩	Village Lounge

KEY: - Featured Event. \$ - Paid events. 🚩 - Need RSVP.

See the village copy of this months' Featured Events to find out more about the activities.