

**NOVEMBER 2024** 

# ACTIVITIES PROGRAMME

# **Independent Residents**

Charles Upham Village

# Week One

Friday 01 November		
09:00 am	Walking Group - Active Walking - From the Village	Reception
09:15 am	Shopping Trip - New World 🏴	Reception
09:30 am	Table Tennis	Recreation Room
11:00 am	Gumboot Friday Fundraiser! 🏴	Village Green
11:00 am	Mens Club - Meeting	Craft Room
01:00 pm	Royal New Zealand Ballet Speaker 🏴	Village Lounge
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Indoor Bowls	Recreation Room
01:30 pm	Cards & Table Games	Village Lounge
02:00 pm	Movie - Ride the High Country	Movie Theatre
02:15 pm	Tech Support	Activities Desk
04:00 pm	Village Host	Village Bar
04:30 pm	Karaoke	Village Lounge

Saturday 02 November		
09:30 am	Table Tennis	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Shopping Trip - Christmas Shoebox 🏲	Reception
01:30 pm	Cards & Table Games	Village Lounge
01:30 pm	Mahjong	Craft Room
04:00 pm	Village Host	Village Bar

Sunday 03 November		
I2:45 pm	Outdoor Bowls - Club Day	Bowling Green
02:00 pm	Movie - A Matter of Life & Death	Movie Theatre
04:00 pm	Village Host	Village Bar

# Week Two

Monday 04 November		
09:00 am	Triple A Circuit	Recreation Room
09:45 am	Triple A Circuit	Recreation Room
10:30 am	Triple A Functional	Recreation Room
I I:00 am	Christmas Shoebox Project - Shopping Trip 🏲	Reception
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Indoor Bowls	Recreation Room

KEY: Featured Event. \$ - Paid events. - Need RSVP.

01:30 pm	Knitting Group	Village Lounge
03:30 pm	Charlies Singers	Village Lounge

Tuesday 05 November		
10:00 am	Out & About - Iron Sculpture Park 💻	Reception
10:00 am	Rummikub	Village Lounge
10:30 am	Church Service - Catholic Mass	Reflection Room
10:30 am	Singing Group - Community Therapy Music Group 🏲	Village Lounge
10:30 am	Yoga	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Cards & Table Games	Village Lounge
01:30 pm	Body Balance - Steady As You Go	Recreation Room
03:00 pm	Line Dancing Class 🏴	Recreation Room

# Wednesday 06 November

09:00 am	Shopping Trip - Rangiora 🏴	Reception
10:00 am	Bridge	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Walking Group - Strollers - Through Bellgrove 🏲	Reception
01:30 pm	Cards & Table Games	Village Centre
01:30 pm	Table Tennis	Recreation Room
01:30 pm	Mahjong	Craft Room
02:00 pm	Craft Group - Origami with Janet 🏲	Dining Room
03:00 pm	Entertainer - David Petrie	Village Lounge
05:00 pm	Village Host	Village Bar

Thursday 07 November		
09:00 am	Triple A Circuit	Recreation Room
09:45 am	Triple A Circuit	Recreation Room
10:00 am	Rummikub	Village Lounge
10:30 am	Triple A Functional	Recreation Room
I I:30 am	Online Art Class	Virtual Events
I 2:45 pm	Outdoor Bowls - Club Day	Bowling Green
01:30 pm	Guest Speaker - Phil Walsh 🖻	Village Lounge
01:30 pm	Knitting Group	Village Lounge
01:30 pm	Bible Studies	Reflection Room
01:30 pm	Qigong	Recreation Room
01:30 pm	Scrabble	Village Lounge
03:00 pm	Pop Up Shop - Egg Cart	Carpark

KEY: - Featured Event. \$ - Paid events. - Need RSVP.

04:00 pm	Happy Hour	Village Lounge
05:00 pm	Village Host	Village Bar

Friday 08 November		
09:00 am	Walking Group - Active Walking - Woodend to Waikuku	Reception
09:15 am	Shopping Trip - New World 💻	Reception
09:30 am	Table Tennis	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Indoor Bowls	Recreation Room
01:30 pm	Cards & Table Games	Village Lounge
02:00 pm	Movie - Are You Being Served?	Movie Theatre
02:00 pm	Entertainer - Scottish Dancers in the Rest Home 🏴	Rest Home
02:15 pm	Tech Support	Activities Desk
04:00 pm	Village Host	Village Bar
05:00 pm	Quiz	Village Lounge

Saturday 09 November		
09:30 am	Table Tennis	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Cards & Table Games	Village Lounge
01:30 pm	Mahjong	Craft Room
02:00 pm	Craft Group - Cup Day Accessories 🏲	Dining Room
02:00 pm	Chess	Dining Room
04:00 pm	Village Host	Village Bar
05:15 pm	Dinner Club - Craft Beer and Kitchen <b>\$5.00</b> 🏲	Reception

Sunday 10 November		
I 2:45 pm	Outdoor Bowls - Club Day Challenge	Bowling Green
02:00 pm	Movie - The Million Pound Note	Movie Theatre
04:00 pm	Village Host	Village Bar

# Week Three

Monday II November		
09:00 am	Triple A Circuit	Recreation Room
09:45 am	Triple A Circuit	Recreation Room
10:30 am	Triple A Functional	Recreation Room
10:30 am	Aqua Aerobics	Pool

KEY: Featured Event. \$ - Paid events. - Need RSVP.

01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Croquet	Village Green
01:30 pm	Indoor Bowls	Recreation Room
01:30 pm	Knitting Group	Village Lounge
01:30 pm	Gardening Group	Movie Theatre
03:30 pm	Charlies Singers	Village Lounge

#### Tuesday 12 November Out & About - Men's Mystery Trip - 9AM Leaving 🏲 09:00 am Reception Rummikub 10:00 am Village Lounge Village Manager Cuppa & Chat 10:00 am Village Lounge 10:30 am **Recreation Room** Yoga **Outdoor Bowls** 01:00 pm **Bowling Green** Cards & Table Games 01:30 pm Village Lounge Body Balance - Steady As You Go 01:30 pm Recreation Room Combined Cup Day Happy Hour 03:00 pm Village Bar 04:00 pm Village Host Village Bar 05:00 pm Cup Day - New Zealand Trotting Cup Village Lounge

Wednesday	13 November	
09:00 am	Shopping Trip - Northlands 🏴	Reception
09:45 am	Women's Outdoor Bowls	Village Lounge
10:00 am	Bridge	Recreation Room
10:30 am	World Kindness Day - Human Chain of Friendship	Along Village Footpath
I I:30 am	Tai Chi Class	Virtual Events
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Walking Group - Strollers From the Village	Reception
01:30 pm	Christmas Shoebox Project - Shopping Trip 🏲	Reception
01:30 pm	Cards & Table Games	Village Centre
01:30 pm	Table Tennis	Recreation Room
01:30 pm	Mahjong	Craft Room
03:00 pm	Entertainer - Alan & Vicky	Village Lounge
04:00 pm	Village Host	Village Bar
05:00 pm	Paint & Sip 🏴	Village Lounge
05:30 pm	Whiskey Tasting by Liqourland 🖻	Village Lounge

Thursday 14 November		
09:00 am	Triple A Circuit	Recreation Room
09:15 am	Shopping Trip in lieu of Friday- New World	Reception

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09:45 am	Triple A Circuit	Recreation Room
10:00 am	Rummikub	Village Lounge
10:30 am	Triple A Functional	Recreation Room
11:00 am	Church Service - Interdenominational with Bob	Reflection Room
12:45 pm	Outdoor Bowls - Club Day	Bowling Green
01:30 pm	Knitting Group	Village Lounge
01:30 pm	Bible Studies	Reflection Room
01:30 pm	Scrabble	Village Lounge
03:00 pm	Entertainer - Wendy	Village Lounge
04:00 pm	Village Host	Village Bar

Friday 15 November		
09:30 am	Table Tennis	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Indoor Bowls	Recreation Room
01:30 pm	Cards & Table Games	Village Lounge
02:00 pm	Movie - North & South, First Half	Movie Theatre

Saturday 16 November		
09:30 am	Table Tennis	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Croquet	Village Green
01:30 pm	Cards & Table Games	Village Lounge
01:30 pm	Mahjong	Craft Room
02:00 pm	Chess	Dining Room
02:30 pm	Christmas Shoebox Project - Present Wrapping! 🏴	Recreation Room
04:00 pm	Village Host	Village Bar

Sunday 17 November		
I 2:45 pm	Outdoor Bowls	Bowling Green
02:00 pm	Movie - Love Story	Movie Theatre
04:00 pm	Village Host	Village Bar
05:30 pm	Village Host - Dinner Night, Ham on the Bone	Village Bar

# Week Four

Monday 18 November		
09:00 am	Triple A Circuit	Recreation Room
09:45 am	Triple A Circuit	Recreation Room

KEY: Featured Event. \$ - Paid events. - Need RSVP.

10:30 am	Triple A Functional	Recreation Room
11:00 am	Travel Group	Craft Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Indoor Bowls	Recreation Room
01:30 pm	Knitting Group	Village Lounge
03:30 pm	Charlies Singers	Village Lounge

Tuesday 19 November		
09:30 am	Out & About - Gardens, Lunch and Flowers 🏴	Reception
10:00 am	Rummikub	Village Lounge
10:30 am	Yoga	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Cards & Table Games	Village Lounge
01:30 pm	Body Balance - Steady As You Go	Recreation Room
03:00 pm	Line Dancing Class 🏴	Recreation Room
04:30 pm	Cards - Five Crowns	Dining Room

### Wednesday 20 November

09:00 am	Shopping Trip - Rangiora 🏴	Reception
10:00 am	Bridge	Recreation Room
12:45 pm	Outdoor Bowls - Visiting Team (Ngaio Marsh)	Bowling Green
01:30 pm	Walking Group - Strollers - Walk from the Village 🏼	Reception
01:30 pm	Craft Group - Christmas Crafts/Gifts 🏲	Dining Room
01:30 pm	Cards & Table Games	Village Centre
01:30 pm	Table Tennis	Recreation Room
01:30 pm	Mahjong	Craft Room
02:00 pm	Movie - North & South, Second Half	Movie Theatre
03:00 pm	Entertainer - Becky	Village Lounge
03:00 pm	Believe it or Not Christmas Quiz	Virtual Events
05:00 pm	Village Host	Village Bar
05:15 pm	Takeaway Night - Spice Village	Dining Room

Thursday 21 November		
09:00 am	Triple A Circuit	Recreation Room
09:45 am	Triple A Circuit	Recreation Room
10:00 am	Rummikub	Village Lounge
10:30 am	Triple A Functional	Recreation Room
I 2:45 pm	Outdoor Bowls - Club Day	Bowling Green
01:30 pm	Croquet	Village Green

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01:30 pm	Knitting Group	Village Lounge
01:30 pm	Bible Studies	Reflection Room
01:30 pm	Qigong	Recreation Room
01:30 pm	Scrabble	Village Lounge
03:00 pm	Entertainer - John Clarke	Village Lounge
03:00 pm	Pop Up Shop -Egg Cart	Carpark
04:00 pm	Happy Hour	Village Lounge
05:00 pm	Village Host	Village Bar

Friday 22 November		
09:00 am	Walking Group - Active Walking - Pegasus Boundary walk	Reception
09:15 am	Shopping Trip - New World 🏴	Reception
l I:00 am	Guest Speaker - Dora Zeng, Nurse at Charles Upham	Village Lounge
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Cards & Table Games	Village Lounge
02:00 pm	Movie - Streets of Laredo	Movie Theatre
02:00 pm	Guest Speaker - Nutrient Rescue	Village Lounge
02:15 pm	Tech Support	Activities Desk
05:30 pm	Art Exhibition - Grand Art Showcase Opening 🏲	Recreation Room

Saturday 23 November		
09:30 am	Table Tennis	Recreation Room
10:00 am	Art Exhibition	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Cards & Table Games	Village Lounge
01:30 pm	Mahjong	Craft Room
02:00 pm	Chess	Dining Room
02:30 pm	Enhanced Activities Programme Focus Group	Village Lounge
04:00 pm	Village Host	Village Bar

Sunday 24 November		
10:00 am	Art Exhibition	Recreation Room
I 2:45 pm	Outdoor Bowls	Bowling Green
02:00 pm	Movie - This Happy Breed	Movie Theatre
04:00 pm	Village Host	Village Bar

# Week Five

Monday 25 November		
09:00 am	Triple A Circuit - OUTSIDE ON VILLAGE GREEN	Village Green
09:45 am	Triple A Circuit - OUTSIDE ON VILLAGE GREEN	Village Green
10:30 am	Triple A Functional - OUTSIDE ON THE VILLAGE GREEN	N Village Green
10:30 am	Aqua Aerobics	Pool
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Indoor Bowls	Recreation Room
01:30 pm	Knitting Group	Village Lounge
03:30 pm	Charlies Singers	Village Lounge
04:00 pm	Ballroom Dancing 🏲	Recreation Room

Tuesday 26 November		
10:00 am	Rummikub	Village Lounge
10:30 am	Yoga	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
03:00 pm	Christmas Market Day!	Village Lounge

Wednesday 27 November Shopping Trip - Northlands 🏲 09:00 am Reception 10:00 am Bridge **Recreation Room** 01:00 pm **Outdoor Bowls Bowling Green** Walking Group - Strollers - From the Village 🏴 01:30 pm Reception 01:30 pm Cards & Table Games Village Centre 01:30 pm **Table Tennis Recreation Room** 01:30 pm Mahjong Craft Room 03:00 pm Entertainer - Steve Village Lounge 05:00 pm Village Host Village Bar Village Lounge Fine Dining - Black Tie \$55.00 🏲 06:00 pm

Thursday 28 November		
09:00 am	Triple A Circuit	Recreation Room
09:45 am	Triple A Circuit	Recreation Room
10:00 am	Rummikub	Village Lounge
10:30 am	Triple A Functional	Recreation Room
11:00 am	Te Reo for Beginners	Virtual Events
11:00 am	Church Service - Interdenominational with Toby	Reflection Room
12:45 pm	Outdoor Bowls - Club Day	Bowling Green
01:30 pm	Independent Residents Meeting	Recreation Room

01:30 pm	Knitting Group	Village Lounge
01:30 pm	Bible Studies	Reflection Room
03:00 pm	Entertainer - Nth Canterbury Musical Society	Village Lounge
04:00 pm	Happy Hour	Village Lounge
05:00 pm	Village Host	Village Bar

# Friday 29 November

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09:15 am	Shopping Trip - New World 🏴	Reception
09:30 am	Ohoka Market and Broadfields Gardens - (VAN PENDING) 🏴	Reception
09:30 am	Table Tennis	Recreation Room
01:30 pm	Indoor Bowls	Recreation Room
01:30 pm	Cards & Table Games	Village Lounge
02:00 pm	Movie - World's Fasted Indian	Movie Theatre
02:15 pm	Tech Support	Activities Desk
03:00 pm	Outdoor Bowls - Charles Upham Staff AND Residents 🏲	Bowling Green
04:00 pm	Village Host	Village Bar
04:30 pm	Cards - Five Crowns	Dining Room

Saturday 30 November		
09:30 am	Table Tennis	Recreation Room
01:00 pm	Outdoor Bowls	Bowling Green
01:30 pm	Cards & Table Games	Village Lounge
01:30 pm	Mahjong	Craft Room
02:00 pm	Chess	Dining Room
04:00 pm	Village Host	Village Bar

KEY: - Featured Event. \$ - Paid events. - Need RSVP.