Charles Upham, Special Care

NOVEMBER 2024



+ Additional feature days

22.10.24 18:55

The following activities are available in the mornings with the care companions on an ad hoc basis:

- Active recreation croquet, bowls, pétanque, mini golf
- Reading and poetry
- Knitting, embroidery, croquet
- Cards, board games, puzzles, quizzes, bingo/housie
- Gardening
- Music appreciation

- Walking group
- Resident choir
- Reminiscing discussions
- Activities of daily living making soups, baking, laundry, dishes
- Craft activities making cards, adult colouring, painting



Monday Rāhina	T Tuesday Rātū	W Wednesday Rāapa	T Thursday Rāpare	F Friday Rāmere	S Saturday Rāhoroi	S Sunday Rātapu
				1	2	3
				1:30 News & Views	1:30 News & Views	1:30 News & Views
				2:00 Out & About (West) -	2:30 Movie	2:30 Active Games - Skittles
				Pegasus Lake`	3:30 Triple A - Functional	2:30 Men's Club
				2:30 Nail care	4:00 Memory Lane -	2:30 Village Walk
				3:30 Triple A - Functional	Storytelling	3:30 Triple A - Functional
				4:30 Musical Moments	4:30 Musical Moments	4:30 Musical Moments
				5:30 Cluster Activities	5:30 Cluster Activities	5:30 Cluster Activities
	5 Guy Fawkes Day	6	7	8	9	10
News & Views	10:00 Interdenominational	1:30 News & Views	1:30 News & Views	1:30 News & Views	1:30 News & Views	1:30 News & Views
00 Housie	Church Service	2:00 Out & About	2:00 Happy Hour	2:00 Out & About	2:30 Movie	2:30 Active Games - Skittles
30 Triple A - Functional	1:30 News & Views	3:00 Sensational Senses - Hand	3:30 Triple A - Functional	2:30 Active Games	3:30 Triple A - Functional	2:30 Men's Club
00 Making Memories	2:30 Village Walk	massage	4:30 Musical Moments	3:30 Triple A - Functional	4:00 Village Walk	2:30 Village Walk
30 Musical Moments	3:00 Word Builder	3:30 Triple A - Functional	4:30 Stories & Discussions	4:30 Musical Moments	4:30 Musical Moments	3:30 Triple A - Functional
30 Cluster Activities	3:30 Triple A - Functional	4:30 Musical Moments	5:30 Cluster Activities	5:30 Cluster Activities	5:30 Cluster Activities	4:30 Musical Moments
	4:30 Musical Moments	5:30 Cluster Activities				5:30 Cluster Activities
Downsyshusyss Day /	1.3 NZ Trotting Con	13 World Kindness Day	1.0	1 Contorbury April 10 man	10	17
Remembrance Day / Armistice Day	12 NZ Trotting Cup	World Kindness Day	14	Canterbury Anniversary Day		17
•	10:00 Interdenominational	1:30 News & Views	1:30 News & Views	·	1:30 News & Views	1:30 News & Views
News & Views	Church Service	2:00 Out & About	2:00 Happy Hour	1:30 News & Views	2:30 Movie	2:30 Active Games - Skittles
00 Housie	1:30 News & Views	3:00 Sensational Senses - Hand	3:30 Triple A - Functional	2:00 Out & About	3:30 Triple A - Functional	2:30 Men's Club
30 Triple A - Functional	2:30 Village Walk	massage	4:30 Musical Moments	2:30 Active Games	4:00 Village Walk	2:30 Village Walk
00 Making Memories	3:00 Word Builder	3:30 Triple A - Functional	4:30 Stories & Discussions	3:30 Triple A - Functional	4:30 Musical Moments	3:30 Triple A - Functional
30 Musical Moments	3:30 Triple A - Functional	4:30 Musical Moments	5:30 Cluster Activities	4:30 Musical Moments	5:30 Cluster Activities	4:30 Musical Moments
5:30 Cluster Activities	4:30 Musical Moments 5:30 Cluster Activities	5:30 Cluster Activities		5:30 Cluster Activities		5:30 Cluster Activities
8	19	20	21	22	23	24
News & Views	10:00 Interdenominational	1:30 News & Views	1:30 News & Views	1:30 News & Views	1:30 News & Views	1:30 News & Views
10 Housie	Church Service	2:00 Out & About	2:00 Happy Hour	2:00 Out & About	2:30 Movie	2:30 Active Games - Skittles
Triple A - Functional	1:30 News & Views	3:00 Sensational Senses - Hand	3:30 Triple A - Functional	2:30 Active Games	3:30 Triple A - Functional	2:30 Men's Club
00 Making Memories	2:30 Village Walk	massage	4:30 Musical Moments	3:30 Triple A - Functional	4:00 Village Walk	2:30 Village Walk
30 Musical Moments	3:00 Word Builder	3:30 Triple A - Functional	4:30 Stories & Discussions	4:30 Musical Moments	4:30 Musical Moments	3:30 Triple A - Functional
:30 Cluster Activities	3:30 Triple A - Functional	4:30 Musical Moments	5:30 Cluster Activities	5:30 Cluster Activities	5:30 Cluster Activities	4:30 Musical Moments
	4:30 Musical Moments	5:30 Cluster Activities				5:30 Cluster Activities
	Cluster Activities	27	20	20	20	
5 Name 8 Vitama	26	27	28	29	30	
News & Views	10:00 Interdenominational Church Service	1:30 News & Views	1:30 News & Views	1:30 News & Views	1:30 News & Views	
00 Housie		2:00 Out & About	2:00 Happy Hour	2:00 Out & About	2:30 Movie	
30 Triple A - Functional	1:30 News & Views	3:00 Sensational Senses - Hand	3:30 Triple A - Functional	2:30 Active Games	3:30 Triple A - Functional	
Making Memories	2:30 Village Walk	massage	4:30 Musical Moments	3:30 Triple A - Functional	4:00 Village Walk	
Musical Moments	3:00 Word Builder	3:30 Triple A - Functional	4:30 Stories & Discussions	4:30 Musical Moments	4:30 Musical Moments	
30 Cluster Activities	3:30 Triple A - Functional	4:30 Musical Moments	5:30 Cluster Activities	5:30 Cluster Activities	5:30 Cluster Activities	
	4:30 Musical Moments	5:30 Cluster Activities				