



OCTOBER 2024

# ACTIVITIES PROGRAMME


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## Independent Residents


Hilda Ross Village

## Week One


### Tuesday 01 October

10:15 am	Triple A Circuit - Circuit	Village Centre
10:30 am	Church Service - Chapel	Hospital Lounge. opposite room 103
11:15 am	Triple A Functional	Village Centre
11:30 am	Out & About - The Cook 	Outside SA Reception Area
01:30 pm	Indoor Bowls	Village Centre
01:30 pm	Bingo	SA Dining Room
04:30 pm	Village Host - Club Bar	Village Centre
04:30 pm	Dinner Club - Tuesday Takeaways	Village Centre


### Wednesday 02 October

09:00 am	Hiking Group - Hilda's Hikers	Serviced Apartment Reception
10:00 am	Shopping Trip - Grocery Shuttle 	Outside SA Reception area
10:30 am	Active Aging Events - Wannabee Walkers Group	at your letterbox
10:30 am	Stretch Class - DVD Exercises	Village Centre
01:00 pm	Singing Group - Glee Club	Village Centre
01:30 pm	Mahjong	SA Upstairs Lounge
02:15 pm	Yoga - Strength & Balance	Village - Atrium
07:00 pm	Indoor Bowls	Village Centre

### Thursday 03 October

10:30 am	Petanque	petanque green
10:30 am	Church Service - Catholic Mass	Rest home Lounge
11:30 am	 CANCELLED Out & About - Redoubt	Outside SA Reception Area
11:30 am	Online Art Class	Virtual Events
01:15 pm	Cards - 500	Upstairs on level 2
01:30 pm	Outdoor Bowls	Bowling Green
02:00 pm	Entertainer - Danny Savage	Village Centre
03:45 pm	Line Dancing - Beginners Session	Village Centre
04:00 pm	Line Dancing	Village Centre

### Friday 04 October

09:30 am	 CANCELLED Out & About - Van drive around the Waikato	Outside SA Reception Area
10:15 am	Triple A Circuit	Village Centre
11:15 am	Triple A Functional	Village Centre
01:30 pm	Bingo	Dining Room

KEY:  - Featured Event.  - Paid events.  - Need RSVP.

See the village copy of this months' Featured Events to find out more about the activities.

01:30 pm	Village Choir - Hilda's Singers	Village Centre
03:00 pm	Come Jam With Me - DON'T WORRY, BE HAPPY	Village Centre
04:00 pm	Happy Hour / Oktoberfest	Village Centre

## Saturday 05 October



10:30 am	Knitting Group - Knit & Natter	Village Centre
01:00 pm	Rummikub	Village Centre
01:30 pm	Outdoor Bowls	Bowling Green

## Sunday 06 October


02:30 pm	Rummikub	Village Centre
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## Week Two


### Monday 07 October

10:00 am	Out & About - Leisure Walkers 	SA Reception
10:30 am	 <b>POSTPONED</b> Memory Lane - Grandparents	Village Lounge
10:30 am	Guest Speaker - Murray Dear	Village Centre
01:00 pm	Stretch Class - DVD Exercises	Village Centre
01:30 pm	Outdoor Bowls	Bowling Green
07:00 pm	Pool/ Snooker - Men's Snooker	Snooker Room

### Tuesday 08 October

10:15 am	Triple A Circuit	Village Centre
10:30 am	Church Service - Chapel	Hospital Lounge. opposite room 103
11:15 am	Triple A Functional	Village Centre
11:30 am	Out & About - Woodlands Garden Grove 	Outside SA Reception Area
01:30 pm	Indoor Bowls	Village Centre
01:30 pm	Bingo	SA Dining Room
04:30 pm	Village Host - Club Bar	Village Centre
04:30 pm	Dinner Club - Tuesday Takeaways	Village Centre

### Wednesday 09 October

09:00 am	Hiking Group - Hilda's Hikers	Serviced Apartment Reception
09:45 am	Church Service	Village Centre
10:00 am	Shopping Trip - Grocery Shuttle 	Outside SA Reception area
10:30 am	Stretch Class - DVD Exercises	Village Centre
11:00 am	Drama Group	Level 2

KEY:  - Featured Event. \$ - Paid events.  - Need RSVP.

See the village copy of this months' Featured Events to find out more about the activities.

01:00 pm	Singing Group - Glee Club	Village Centre
01:30 pm	Mahjong	SA Upstairs Lounge
02:15 pm	Yoga - Strength & Balance	Village - Atrium
07:00 pm	Indoor Bowls	Village Centre

## Thursday 10 October

10:00 am	Pop Up Shop	atrium
10:30 am	Petanque	petanque green
10:30 am	Workshop - Christmas Shoebox Project	Village Lounge
11:30 am	Out & About - Smith and McKenzie 🏠	Outside SA Reception Area
01:15 pm	Cards - 500	Upstairs on level 2
01:30 pm	Outdoor Bowls	Bowling Green
03:00 pm	Entertainer - Sarah Lee 🏠	Village Centre
03:45 pm	Line Dancing - Beginners Session	Village Centre
04:00 pm	Line Dancing	Village Centre

## Friday 11 October

09:30 am	Aqua Aerobics -Aqua Fit	Pool
09:30 am	Out & About - Van drive around the Waikato 🏠	Outside SA Reception Area
10:15 am	Triple A Circuit	Village Centre
11:15 am	Triple A Functional	Village Centre
01:30 pm	Bingo	Dining Room
01:30 pm	Village Choir - Hilda's Singers	Village Centre
03:00 pm	Come Jam With Me - DON'T WORRY, BE HAPPY	Village Centre
04:00 pm	Happy Hour - Walking for Wellness Celebration	Village Centre

## Saturday 12 October

10:30 am	Knitting Group - Knit & Natter	Village Centre
01:00 pm	Rummikub	Village Centre
01:30 pm	Outdoor Bowls	Bowling Green

## Sunday 13 October


10:30 am	Church Service - Catholic Liturgy	Teal Lounge. opposite hospital room 103
02:30 pm	Rummikub	Village Centre

## Week Three


### Monday 14 October

KEY:  - Featured Event. \$ - Paid events.  - Need RSVP.


See the village copy of this months' Featured Events to find out more about the activities.

09:30 am	Walking Group - Leisure Walkers	Serviced Apartment Reception
10:00 am	Out & About - The River Kitchen 	Outside SA reception area
10:30 am	Guest Speaker - Neville	Village Centre
01:00 pm	Stretch Class - DVD Exercises	Village Centre
01:30 pm	Outdoor Bowls	Bowling Green
02:00 pm	Gardening Group	T/H 67
07:00 pm	Pool/ Snooker - Men's Snooker	Snooker Room


## Tuesday 15 October


09:30 am	Aqua Aerobics - Aqua-Fit	Pool
10:15 am	Triple A Circuit	Village Centre
10:30 am	Church Service - Chapel	Hospital Lounge. opposite room 103
11:15 am	Triple A Functional	Village Centre
11:30 am	Out & About - Onyx 	Outside SA Reception Area
01:30 pm	Indoor Bowls	Village Centre
01:30 pm	Bingo	SA Dining Room
04:30 pm	Village Host - Club Bar	Village Centre
04:30 pm	Dinner Club - Tuesday Takeaways	Village Centre

## Wednesday 16 October

09:00 am	Hiking Group - Hilda's Hikers	Serviced Apartment Reception
10:00 am	Shopping Trip - Grocery Shuttle 	Outside SA Reception area
10:30 am	Stretch Class - DVD Exercises	Village Centre
11:30 am	Tai Chi Class	Virtual Events
01:00 pm	Singing Group - Glee Club	Village Centre
01:30 pm	Mahjong	SA Upstairs Lounge
02:15 pm	Yoga - Strength & Balance	Village - Atrium
07:00 pm	Indoor Bowls	Village Centre

## Thursday 17 October

10:30 am	Petanque	petanque green
10:30 am	Church Service - Catholic Mass	Rest home Lounge
11:30 am	Out & About - Fahrenheit 	Outside SA Reception Area
01:15 pm	Cards - 500	Upstairs on level 2
01:30 pm	Outdoor Bowls	Bowling Green
02:00 pm	Wendy Entertains	Village Centre
03:45 pm	Line Dancing - Beginners Session	Village Centre
04:00 pm	Line Dancing	Village Centre

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See the village copy of this months' Featured Events to find out more about the activities.

## Friday 18 October

09:30 am	Aqua Aerobics -Aqua Fit	Pool
09:30 am	Out & About - Van drive around the Waikato 🏠	Outside SA Reception Area
10:15 am	Triple A Circuit - Instructor Lead	Village Centre
11:15 am	Triple A Functional	Village Centre
01:30 pm	Bingo	Dining Room
01:30 pm	Village Choir - Hilda's Singers	Village Centre
03:00 pm	Come Jam With Me - DON'T WORRY, BE HAPPY	Village Centre
04:00 pm	Happy Hour	Village Centre

## Saturday 19 October

10:30 am	Knitting Group - Knit & Natter	Village Centre
01:00 pm	Rummikub	Village Centre
01:30 pm	Entertainer -Phoenix Players 🏠	Village Centre
01:30 pm	Outdoor Bowls	Bowling Green

## Sunday 20 October

02:30 pm	Rummikub	Village Centre
03:00 pm	Ladies Club - Girls' Gathering	Village Lounge

## Week Four

### Monday 21 October

09:30 am	Walking Group - Leisure Walkers	Serviced Apartment Reception
10:00 am	Out & About - Mavis and Co Rototuna 🏠	Outside SA reception area
10:30 am	Men's Club	Village Centre
01:00 pm	Stretch Class - DVD Exercises	Village Centre
01:00 pm	Bookclub	New Venue - In the Chapel
01:30 pm	Outdoor Bowls	Bowling Green
02:00 pm	Entertainer - Waikato University Students Concert 🏠	Village Centre
07:00 pm	Pool/ Snooker - Men's Snooker	Snooker Room

### Tuesday 22 October

09:30 am	Aqua Aerobics -Aqua-Fit	Pool
10:15 am	Triple A - Instructor Lead	Village Centre
10:30 am	Church Service - Chapel	Hospital Lounge. opposite room 103
11:15 am	Triple A Functional	Village Centre
11:30 am	Out & About - The Bank 🏠	Outside SA Reception Area

KEY: 🏠 - Featured Event. \$ - Paid events. 🏠 - Need RSVP.

See the village copy of this months' Featured Events to find out more about the activities.

01:30 pm	Indoor Bowls	Village Centre
01:30 pm	Bingo	SA Dining Room
04:30 pm	Village Host - Club Bar	Village Centre
04:30 pm	Dinner Club - Tuesday Takeaways	Village Centre

## Wednesday 23 October

09:00 am	Hiking Group - Hilda's Hikers	Serviced Apartment Reception
10:00 am	Shopping Trip - Grocery Shuttle 🚚	Outside SA Reception area
10:30 am	Stretch Class - DVD Exercises	Village Centre
11:00 am	Drama Class	Level 2
01:00 pm	Singing Group - Glee Club	Village Centre
01:30 pm	Mahjong	SA Upstairs Lounge
02:15 pm	Yoga - Strength & Balance	Village - Atrium
03:30 pm	Music Appreciation - Musical Moments	Village Centre
07:00 pm	Indoor Bowls	Village Centre

## Thursday 24 October

10:30 am	Petanque	petanque green
11:30 am	Out & About - Hayes Common 🚚	Outside SA Reception Area
11:30 am	Mindfulness Workshop	Virtual Events
01:15 pm	Cards - 500	Upstairs on level 2
01:30 pm	Outdoor Bowls	Bowling Green
03:00 pm	Entertainer - Diwali Celebrations	Village Centre
03:45 pm	⊗ CANCELLED Line Dancing - Beginners Session	Village Centre
04:00 pm	⊗ CANCELLED Line Dancing	Village Centre

## Friday 25 October


09:30 am	Aqua Aerobics -Aqua Fit	Pool
09:30 am	Out & About - Van drive around the Waikato 🚚	Outside SA Reception Area
10:15 am	Triple A Circuit	Village Centre
11:15 am	Triple A Functional	Village Centre
01:30 pm	Bingo	Dining Room
01:30 pm	Village Choir - Hilda's Singers	Village Centre
03:00 pm	Come Jam With Me - DON'T WORRY, BE HAPPY	Village Centre
04:00 pm	Happy Hour	Village Centre

## Saturday 26 October

10:30 am	Knitting Group - Knit & Natter	Village Centre
01:00 pm	Rummikub	Village Centre

KEY:  - Featured Event.  - Paid events.  - Need RSVP.

See the village copy of this months' Featured Events to find out more about the activities.

01:30 pm	Outdoor Bowls	Bowling Green
01:30 pm	Entertainment- Phoenix Players 	Village Centre


## Sunday 27 October

10:30 am	Church Service - Catholic Liturgy	Teal Lounge. opposite hospital room 103
02:30 pm	Rummikub	Village Centre
06:30 pm	Church Service - Rev. Gloria Zanders Chartwell Co-op	Village Centre



## Week Five

### Monday 28 October

### Tuesday 29 October


09:30 am	Aqua Aerobics - Aqua-Fit	Pool
10:15 am	Triple A Circuit	Village Centre
10:30 am	Church Service - Chapel	Hospital Lounge. opposite room 103
11:15 am	Triple A Functional	Village Centre
11:30 am	Out & About - Sisterfields 	Outside SA Reception Area
01:30 pm	Indoor Bowls	Village Centre
01:30 pm	Bingo	SA Dining Room
04:30 pm	Village Host - Club Bar	Village Centre
04:30 pm	Dinner Club - Tuesday Takeaways	Village Centre

### Wednesday 30 October

09:00 am	Hiking Group - Hilda's Hikers	Serviced Apartment Reception
10:00 am	Shopping Trip - Grocery Shuttle 	Outside SA Reception area
10:30 am	Stretch Class - DVD Exercises	Village Centre
10:30 am	Residents Birthday Celebration 	Serviced Apartment Atrium
01:00 pm	Singing Group - Glee Club	Village Centre
01:30 pm	Mahjong	SA Upstairs Lounge
02:15 pm	Yoga - Strength & Balance	Village - Atrium
03:30 pm	Music Appreciation - Musical Moments - Graham Horne	Village Centre
07:00 pm	Indoor Bowls	Village Centre


### Thursday 31 October

09:30 am	Outdoor Bowls	Bowling Green
10:30 am	Petanque	petanque green

KEY:  - Featured Event.  - Paid events.  - Need RSVP.

See the village copy of this months' Featured Events to find out more about the activities.



11:00 am	Te Reo for Beginners	Virtual Events
11:30 am	Out & About - Chartwell Square Shuttle 	Outside SA Reception Area
01:00 pm	Movie	Village Centre
01:15 pm	Cards - 500	Upstairs on level 2
02:00 pm	Entertainer	Village Centre
03:45 pm	Line Dancing - Beginners Session	Village Centre
04:00 pm	Line Dancing	Village Centre

KEY:  - Featured Event. \$ - Paid events.  - Need RSVP.

See the village copy of this months' Featured Events to find out more about the activities.