

OCTOBER 2024



The following activities are available in the mornings with the care companions on an ad hoc basis:

- Active recreation - croquet, bowls, pétanque, mini golf
- Reading and poetry
- Knitting, embroidery, croquet
- Cards, board games, puzzles, quizzes, bingo/housie
- Gardening
- Music appreciation
- Walking group
- Resident choir
- Reminiscing discussions
- Activities of daily living - making soups, baking, laundry, dishes
- Craft activities - making cards, adult colouring, painting

★ Special event

+ Additional feature days

01.10.24 07:59

M Monday Rāhina	T Tuesday Rātū	W Wednesday Rāapa	T Thursday Rāpare	F Friday Rāmere	S Saturday Rāhoroi	S Sunday Rātapu
	1 10:15 News & Views 11:15 Triple A - Functional Fitness 2:00 Church Service 2:30 Happy Hour 3:00 Sensory Engagement 6:30 Puzzles	2 10:15 News & Views 3:00 Men's Club 3:15 Triple A - Functional Fitness 6:30 Puzzles	3 10:00 Out & About 10:15 News & Views 1:30 Craft Engagement 3:15 Triple A - Functional Fitness 6:30 Puzzles	4 10:15 News & Views 2:00 Chair Bowls 3:00 Musical Engagement 3:15 Triple A - Functional Fitness 6:00 Cluster Activities	5 10:30 Triple A - Functional Fitness 1:30 Sensory Engagement 6:30 Puzzles	6 International Grandparent's Day 10:45 Triple A - Functional Fitness 2:30 Memory Lane 6:30 Puzzles
7 10:15 News & Views 11:15 Triple A - Functional Fitness 2:00 Musical Engagement 3:00 Bingo	8 10:15 News & Views 11:15 Triple A - Functional Fitness 2:00 Church Service 2:30 Happy Hour 3:00 Sensory Engagement 6:30 Puzzles	9 10:15 News & Views 3:00 Craft Engagement 3:15 Triple A - Functional Fitness 6:30 Puzzles	10 10:00 Out & About 10:15 News & Views 1:30 Craft Engagement 3:15 Triple A - Functional Fitness 6:30 Puzzles	11 10:15 News & Views 2:00 Chair Bowls 3:00 Musical Engagement 3:15 Triple A - Functional Fitness 6:00 Cluster Activities	12 10:30 Triple A - Functional Fitness 1:30 Sensory Engagement 6:30 Puzzles	13 10:45 Triple A - Functional Fitness 2:30 Memory Lane 6:30 Puzzles
14 10:15 News & Views 11:15 Triple A - Functional Fitness 2:00 Musical Engagement 3:00 Bingo	15 10:15 News & Views 11:15 Triple A - Functional Fitness 2:00 Church Service 2:30 Happy Hour 3:00 Sensory Engagement 6:30 Puzzles	16 10:15 News & Views 3:00 Men's Club 3:15 Triple A - Functional Fitness 6:30 Puzzles	17 10:00 Out & About 10:15 News & Views 1:30 Craft Engagement 3:15 Triple A - Functional Fitness 6:30 Puzzles	18 10:15 News & Views 2:00 Chair Bowls 3:00 Musical Engagement 3:15 Triple A - Functional Fitness 6:00 Cluster Activities	19 10:30 Triple A - Functional Fitness 1:30 Sensory Engagement 6:30 Puzzles	20 10:45 Triple A - Functional Fitness 2:30 Memory Lane 6:30 Puzzles
21 10:15 News & Views 11:15 Triple A - Functional Fitness 2:00 Musical Engagement 3:00 Bingo	22 10:15 News & Views 11:15 Triple A - Functional Fitness 2:00 Church Service 2:30 Happy Hour 3:00 Sensory Engagement 6:30 Puzzles	23 10:15 News & Views 3:00 Craft Engagement 3:15 Triple A - Functional Fitness 6:30 Puzzles	24 10:00 Out & About 10:15 News & Views 1:30 Craft Engagement 3:15 Triple A - Functional Fitness 6:30 Puzzles	25 10:15 News & Views 2:00 Chair Bowls 3:00 Musical Engagement 3:15 Triple A - Functional Fitness 6:00 Cluster Activities	26 10:30 Triple A - Functional Fitness 1:30 Sensory Engagement 6:30 Puzzles	27 10:45 Triple A - Functional Fitness 2:30 Memory Lane 6:30 Puzzles
28 Labour Day 10:15 News & Views 11:15 Triple A - Functional Fitness 2:00 Musical Engagement 3:00 Bingo	29 10:15 News & Views 11:15 Triple A - Functional Fitness 2:00 Church Service 2:30 Happy Hour 3:00 Sensory Engagement 6:30 Puzzles	30 10:15 News & Views 3:00 Craft Engagement 3:15 Triple A - Functional Fitness 6:30 Puzzles	31 Halloween 10:00 Out & About 10:15 News & Views 1:30 Craft Engagement 3:15 Triple A - Functional Fitness 6:30 Puzzles			