

# NOVEMBER 2024



The following activities are available in the mornings with the care companions on an ad hoc basis:

- Active recreation - croquet, bowls, pétanque, mini golf
- Reading and poetry
- Knitting, embroidery, croquet
- Cards, board games, puzzles, quizzes, bingo/housie
- Gardening
- Music appreciation
- Walking group
- Resident choir
- Reminiscing discussions
- Activities of daily living - making soups, baking, laundry, dishes
- Craft activities - making cards, adult colouring, painting

★ Special event

+ Additional feature days

24.10.24 09:00

M Monday Rāhina	T Tuesday Rātū	W Wednesday Rāapa	T Thursday Rāpare	F Friday Rāmere	S Saturday Rāhoroi	S Sunday Rātapu
				<b>1</b> 8:00 Country Music 9:30 News & Views 10:00 Hand Massage 11:30 Functional Fitness 1:00 Parnell Rose Garden 3:30 Board Game 4:00 Functional Fitness	<b>2</b> 8:00 Classical Music 9:30 News & Views 10:00 Sharing Hobbies 11:30 Functional Fitness 1:30 Movie - Home Alone 3:00 Naming Things 4:00 Functional Fitness	<b>3</b> 8:00 War Songs 9:30 News & Views 10:30 Unit Walk @ Level 2 11:30 Functional Fitness 2:30 Balls and Cups 3:00 Scrabble 4:00 Functional Fitness
<b>4</b> 8:00 Abba Songs 9:30 News & Views 10:00 Indoor Walk 11:30 Functional Fitness 1:30 Spelling 3:00 Knitting 4:00 Functional Fitness	<b>5</b> <b>Guy Fawkes Day</b> 8:00 Elvis Presley Songs 9:30 News & Views 10:00 Church Service 11:30 Functional Fitness 1:30 Baking Pancake 2:30 Sorting Out Puzzles 4:00 Functional Fitness	<b>6</b> 8:00 John Denver's Songs 9:30 News & Views 10:00 Work Experiences 11:30 Functional Fitness 1:30 Flower Arrangement 3:00 Painting Flowers 4:00 Functional Fitness	<b>7</b> 8:00 Instrumental Songs 9:30 News & Views 10:00 Unit Walk @ Level 5 11:30 Functional Fitness 2:00 Staff Entertainment 3:00 Entertainer - Marlyn 4:00 Functional Fitness	<b>8</b> 8:00 Country Music 9:30 News & Views 10:00 Gardening 11:30 Functional Fitness 1:00 Mission Bay 3:30 Kiwi Quiz 4:00 Functional Fitness	<b>9</b> 8:00 Classical Music 9:30 News & Views 10:00 Sharing Lifestyle Memories 11:30 Functional Fitness 1:30 Movie - The Adam Project 3:30 Ring Toss 4:00 Functional Fitness	<b>10</b> 8:00 War Songs 9:30 News & Views 10:00 Aromatherapy 11:30 Functional Fitness 1:30 Bowling 3:00 Naming the Animals 4:00 Functional Fitness
<b>11</b> <b>Remembrance Day / Armistice Day</b> 8:00 Abba Songs 9:30 News & Views 10:00 Spelling Bee 11:30 Functional Fitness 1:30 Sorting Out Puzzles 3:00 Netball 4:00 Functional Fitness	<b>12</b> <b>NZ Trotting Cup</b> 8:00 Elvis Presley Songs 9:30 News & Views 10:00 Church Service 11:30 Functional Fitness 1:30 Trotting Cup (Happy Hour) 3:30 Kiwi Quiz 4:00 Functional Fitness	<b>13</b> <b>World Kindness Day</b> 8:00 John Denver's Songs 9:30 News & Views 10:00 Holiday Experience 11:30 Functional Fitness 1:30 Bowling 2:30 Singing Country Songs 4:00 Functional Fitness	<b>14</b> 8:00 Instrumental Songs 9:30 News & Views 10:00 Flower Arrangement 11:30 Functional Fitness 1:30 Pet Therapy, Pet Vibes 3:00 Coloring/Painting 4:00 Functional Fitness	<b>15</b> 8:00 Country Music 9:30 News & Views 10:00 Fruit Tasting 11:30 Functional Fitness 1:00 Onepoto Domain 3:30 Musical Moments - Jazz 4:00 Functional Fitness	<b>16</b> 8:00 Classical Music 9:30 News & Views 10:00 Childhood Memories 11:30 Functional Fitness 1:30 Movie - Matilda The Musical 3:30 Balls and Cups 4:00 Functional Fitness	<b>17</b> 8:00 War Songs 9:30 News & Views 10:00 Fruit Tasting 11:30 Functional Fitness 1:30 Netball 3:00 Guess the Flag 4:00 Functional Fitness
<b>18</b> 8:00 Abba Songs 9:30 News & Views 11:30 Functional Fitness 4:00 Functional Fitness	<b>19</b> 8:00 Elvis Presley Songs 9:30 News & Views 10:00 Church Service 11:30 Functional Fitness 2:30 Sensational Senses 3:00 Mind Benders 4:00 Functional Fitness	<b>20</b> 8:00 John Denver's Songs 9:30 News & Views 11:30 Functional Fitness 1:30 Musical Moments 4:00 Functional Fitness	<b>21</b> 8:00 Instrumental Songs 9:30 News & Views 11:30 Functional Fitness 1:30 Entertainer 3:00 Happy Hour - Staff Entertainment 4:00 Functional Fitness	<b>22</b> 8:00 Country Music 9:30 News & Views 10:30 Sensational Senses 11:30 Functional Fitness 1:00 Onepoto Domain 3:30 Musical Moments - Pop 4:00 Functional Fitness	<b>23</b> 8:00 Classical Music 9:30 News & Views 10:00 Sharing Working Experiences 11:30 Functional Fitness 1:30 Movie - Mr. Bean 3:30 Tin Tumbler 4:00 Functional Fitness	<b>24</b> 8:00 War Songs 9:30 News & Views 10:00 Hand Massage 11:30 Functional Fitness 1:30 Parachute 3:00 Spelling Bee 4:00 Functional Fitness
<b>25</b> 8:00 Abba Songs 9:30 News & Views 10:00 Indoor Walk 11:30 Functional Fitness 1:30 Quiz Bee 3:30 Playing Chinese Checkers 4:00 Functional Fitness	<b>26</b> 8:00 Elvis Presley Songs 9:30 News & Views 10:00 Room Prayer 11:30 Functional Fitness 1:30 Sorting Out Flowers 2:00 Village Concert @ Level 5 4:00 Functional Fitness	<b>27</b> 8:00 John Denver's Songs 9:30 News & Views 10:00 Bingo 11:30 Functional Fitness 1:30 Doll Therapy 2:30 Board Writing 4:00 Functional Fitness	<b>28</b> 8:00 Instrumental Songs 9:30 News & Views 10:00 Unit Walk @ Level 5 11:30 Functional Fitness 2:00 Staff Entertainment 3:00 Entertainer - Roger 4:00 Functional Fitness	<b>29</b> 8:00 Country Music 9:30 News & Views 10:00 Aromatherapy 11:30 Functional Fitness 1:00 Moon Bay & Music Point 3:30 Kiwi Quiz 4:00 Functional Fitness	<b>30</b> 8:00 Classical Music 9:30 News & Views 10:00 Share Holiday Experiences 11:30 Functional Fitness 1:30 Movie - Miss Peregrine's 3:30 Chair Ball 4:00 Functional Fitness	